



GUEMES CONNECTS

Neighbors Helping Neighbors

For many years, GUEMES CONNECTS has brought neighbors together to help neighbors. Their mission is to foster a network of support for the Guemes Island community. This group of dedicated volunteers is committed to meeting the needs of anyone requesting assistance, regardless of age, illness, disability, race, or religion.

The group's goal is to provide skilled, compassionate assistance with a variety of services. Several of the founders have retired and some previous services no longer have leaders. Volunteers are welcomed to fill the gaps. To volunteer call Lorraine Francis or Barb Ohms (contact numbers below).

Current services offered:

Emergency Meals for Shut-ins

Call Sharon Hughlitt 360-421-3256(c) or
Barb Ohms 303-521-9094 (c) 360-298-1885 (h) or
Lorraine Francis 360-540-0920 (c) 360-293-8364 (h) or
Beverly James 206-660-1447 (c)

Medical Equipment (free wheelchairs, walkers, crutches, bedside commodes, grab bars, etc.)

Call Scott Anderson 206-953-2099 (c) or
Karen Anderson 206-953-6720 (c) or
Brenan Filippini 360-643-9588 (c) or 360-319-6524 (c)

Respite Care (temporary relief for caregivers)

Call Juby Fouts 360-770-9731 (c) 360-293-2704 (h)

Home Maintenance (helping needy island residents with uncomplicated maintenance tasks)

Call Brenan Filippini 360-643-9588 (c) or 360-319-6524 (c)

Previous Services needing leaders:

Transportation to Medical Appointments (recruiting volunteers & coordinating drivers)

Housing (availability information only)

GUEMES CONNECTS also sponsors [Soup-to-GO](#) every Thursday from 11:30 to 12:15 at the Spirit of Guemes Community Church through April 10. Donations accepted. *The Gathering Lunch* is currently suspended but may return in the Fall on an occasional Thursday.

A "community" is defined as a group of people living in the same place. There is also a more internal definition. A community is a group of people that takes care of each other. As Guemes Islanders, we are geographically connected but when we feel we are part of something bigger than ourselves, we truly function as a community.